**Values Clarification Activity**

**Materials:**

Copy and cut a set of cards and headings for each student to sort.

**Teacher Instructions:**

* Discuss: What is a value?
* Pass out envelopes with cards in them and give students the following instructions

1. Lay out the three category headings at the top of the desk or table:

***Must have*** ***Would Like to have***  ***Can do without***

1. You must end up with at least 3 cards in each category. That means you can’t put all of your cards under just one or two headings. You have to make some choices.
2. When finished, put aside the cards that are in the “Would like to have” and “Can do without” categories.
3. Now prioritize the cards under “must have” cards by sorting them again under the 3 categories. Again, you must distribute the cards under all three categories and make sure that you end up with no more than three cards under the “must have” category.
4. Repeat the process as needed.

* The goal is to narrow down the choice to 3 cards in the “must have” category. Once students have their three cards, they can keep these values in mind as they research career options and develop a written career plan.
* Discuss how knowing your values will help you make a good career choice. For example, you can’t take a job that requires 60 hrs/wk if one of your values is having time to spend with your family.