

KEYS TO SUCCESS

Student Name:

Teacher/Semester:

Note to Student:

This booklet was created to focus on your transition to career training or academic classes.

Each semester your instructor will cover specific topics in the booklet and you will be asked to "self-reflect", or write about what you have learned. All the topics are designed to prepare you to accomplish your career or educational goals.

List of Topics in the Booklet:

- Personal Readiness
- Computer Technology Readiness
- Academic Awareness and Readiness
 - Career Job Awareness
- College Knowledge

If there is any topic you wish to add, please ask your instructor. We want you to use this booklet as a guide to planning and achieving the skills needed to be successful.



Personal Readiness

Completion	Instructor	Personal Goal Setting (Identify goals, obstacles and solutions)
		2. Time Management
		3. Stress Management
		4. Financial Management
		5. Peer Mentoring
		6. Self-Assessment
		7. Create a Timeline



I learned:		
Date:	Instructor:	
I learned:		
Date:	Instructor:	
I learned:		
Date:	Instructor:	
I learned:		
Date:	Instructor:	

Computer/Technology Readiness

	1. Computer Basics (on/off, open/close programs)
	2. Save/Open/Edit/Rename Documents
	3. Basic word-processing (Word, Excel, PowerPoint)
	4. Typing Speed
	5. Use Internet Search Engines
	6. Attaching and Sending Documents in e-mails
	7. Blackboard
	8. Web Advisor
	9. Google Functions
	10. Social Media
	11. Presenting with Technology



l learned:	
Date:	Instructor:
l learned:	
Date:	Instructor:
l learned:	
Date:	Instructor:
l learned:	
Date:	Instructor:

Academic Awareness & Readiness

Completion	Instructor	1. Setting SMART Goals
		2. College Awareness Assessment
		3. Admission Process
		4. Placement Testing
		5. Financial Aid Process
		6. Study Skills and Strategies
		7. Note-taking
		8. Reading Skills (SQ3R Method)
		9. Learning Styles Assessment
		10. Academic Advising
		11. Academic Writing/Research
		12. Academic Speaking/Pronunciation



I learned:		
Date:	Instructor:	
I learned:		
Date:	Instructor:	
I learned:		
Date:	Instructor:	
I learned:		
Date:	Instructor:	

Career/Job Awareness

Completion	Instructor	
		1. Goal Setting
		2. Skill Identification
		3. Career Exploration/GTC Programs
		4. Career Interest Inventory
		5. Informational Interviews
		6. Job Search
		7. Resume and Cover Letter
		8. Application Practice
		9. Interview and Follow-up
		10. Career/Job Fair/Workshops
		11. Other



l learned:	
Date:	Instructor:
l learned:	
Date:	Instructor:
l learned:	
Date:	Instructor:
l learned:	
Date:	Instructor:

College Knowledge

Completion	Instructor	
		1. Academic Vocabulary
		2. College Catalogue & Schedule
		3. Program Visits
		4. Class Observation
		5. Campus Tour
		6. Computer Resources (Library Learning Links)
		7. Using Gateway e-mail/website
		8. Guest Speaker (College Representative)
		9. Career and Educational Planning
		10. Information Networks



Hearned:		
Date:	Instructor:	
l learned:		_
Date:	Instructor:	
Hearned:		
Date:	Instructor:	
I learned:		_
Date:	Instructor:	

Self-Reflection

My goal is to be				

To reach this goal I need to							



Semester Achievements:
Semester Achievements:
Semester Achievements:
Semester Achievements:

Semester Achievements:
Semester Achievements:
Semester Achievements:
Semester Achievements:
Semester Achievements:

References

The following resources were consulted to create this booklet.

John A. Logan College. (n.d.). Adult basic education documents. Carterville, IL.

Oesch, M. & Bower, C. (2009). Integrating career awareness into the ABE & ESOL classroom. Boston, MA: Massachusetts System for Adult Basic Education, National College Transition Network.

Zafft, C. (2010). College readiness for adults: Beyond academic preparation! (course). Boston, MA: National College Transition Network, World Education.



Created by the Developmental Education Department,
Academic Transition Team 2011
Gateway Technical College
Published in Kenosha, WI
Contact information:
Debra J. Solomon, solomond@gtc.edu

an equal opportunity/access/employer and educator ofrece igualdad en oportunidades/acceso/empleo y educación